



Sutton's wave of change

Taking action for Climate and Nature in Sutton

What can you do?

Using energy

- Save energy - Visit the [Energy Saving Trust](#) for tips, get a [smart meter](#) installed, and switch to LED lightbulbs
- Go green - Choose a [renewable energy tariff](#) and consider getting a [heat pump](#)
- Keep warm - [Sutton Healthy Homes](#) provides fuel poverty advice and support

Getting around

- Get active – [Visit Sutton Map](#) to find local walking routes
- Get cycling – Rent a [Human Forest](#) e-bike, hire a [Brompton Bike](#) or join a cycle [skills session](#) to learn new skills
- Use public transport – Visit [TfL journey planner](#) or Google Maps for routes and times
- Car share – Share with friends and neighbours or join [Zipcar](#) car sharing club
- Get an electric vehicle – Explore your [electric vehicle](#) options and visit [ZapMap](#) to find a charging point near you
- Holiday local – Visit our fantastic [National Parks](#) and [National Trails](#)

Looking after our green places

- Save water – Find out how to [save water](#), help protect the natural world and save £s
- Volunteer - With [Sutton Community Farm](#), [Sutton Nature Conservation Volunteers](#), a [Friends of Parks](#) group, [litter picking group](#) or the [South East Rivers Trust](#)
- Take part - In [EcoLocal's](#) nature-based activities and events in Sutton
- Explore – Learn more about biodiversity and wildlife at [Sutton Ecology Centre](#)
- Create – [Space](#) for wildlife and increase [biodiversity](#) if you have a garden

Ending clutter

- Repair it - Get your items repaired at the [Sutton](#) or [Ruskin Road](#) Repair Cafes
- Refill it - Visit [Zero Waste Sutton](#), the [Zero Waste Wagon](#) or [Noah's Health Food Stores](#) to refill cleaning bottles etc
- Borrow it - Visit Sutton's [Library of Things](#)
- Dress retro – Visit one of Sutton's [A Stitch to Wear Clothes Swap](#) events or the [Sutton Community Champions](#) swap shop at Oru Space in Sutton
- Recycle – Find out [when](#) Sutton Council collects what and visit the [Terracycle website](#) for details of how to recycle tricky things from contact lenses to razors
- Start green - £35 cashback for reusable cloth [nappies](#)
- Join [Sutton Community Environment Champions](#) to take part in local projects and discover more ideas for living sustainably

Eating green

- Eat less meat – Eat more [veggie](#) and vegan food – try doing [Veganuary](#)
- Grow your own veggies – At home, through helping out at [Carshalton Community Allotment](#) or getting on the [waiting list](#) for your own allotment
- Buy fresh, local and healthy - Get your veggies from [Sutton Community Farm](#)

Making your voice heard

- Speak out - Find out who your MP is and their [contact details](#), what they have said on climate and green issues at [They Work For You](#) and share your views. Find out if your MP supports the [Climate and Nature bill](#).
- Use your vote – Vote for parties with positive climate policies. Read the party manifestos. Get involved with [Project Green Vote](#). Join [Vote Climate](#) mailing list to find out which local candidates have the strongest green policies
- Shape local decisions – Attend a [Council Committee or Local Committee Meeting](#)
- Spread the word – Share these links with your friends and family, talk to them about climate change and the environment and encourage them to ACT!

Together we are
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Produced by Sutton Climate Friends, April 2024

